| Apple a<br>Day<br>Café  | August 202   | Serving Hot Breakf  | Café Hours: M-F 6:30-AM – 3:00 PM<br>Serving Hot Breakfast 6:30AM to 9:30 AM<br>Serving Hot Lunch: 11 AM to 1:30 PM                               |   |
|---|--|---|---|---|
| 1st<br>Spaghetti w/Meat Sauce<br>Garlic Bread<br>Caesar Salad<br>Spaghetti w/Marinara Sauce<br>Hot Ham & Swiss<br>Spicy Thai Soup                       | 2nd<br>Build a Potato & <mark>Sweet Potato</mark> Bar<br>w/ Assorted Toppings<br>Beef & Cheddar<br>French Onion Soup   | 3rd<br>Roasted Chicken w/ Peach Salsa'<br>Herb Couscous<br>Super Salad<br>Shells Florentine<br>Grilled Chicken<br>Broccoli Cheddar Soup                         | 4th<br>Beef or <mark>Chicken Fajitas</mark><br>Spanish Rice<br>Fiesta Black Beans<br>Veggie Fajitas<br>Grilled Sour Dough<br>Cheeseburger Soup    | 5th<br>Bourbon Grilled Salmon<br>Rice Pilaf<br>Fresh Vegetable Medley<br>Mushroom Stroganoff w/ Buttered<br>Noodles<br>Corn Dogs<br>Vegetable Beef Soup |
| 8th<br>BBQ Chicken Breast<br>Roasted Red Potatoes<br>Green Beans<br>Cheese Ravioli<br>Veggie Burger<br>Potato Leek Soup                                 | 9th<br>Pork Street Tacos w/ Apple &<br>Pineapple Pico De Gallo<br>Cactus Grits<br>Fiesta Black Beans<br>Pesto Tortellini w/ Broccoli and<br>Roasted Red Peppers<br>Hot Ham & Swiss<br>Mushroom Brie Bisque | 10 <sup>th</sup><br>Beef Pot Roast<br>Dinner Roll<br><mark>Carrots, Potatoes&amp; Onion Blend</mark><br>Eggplant Parmesan<br>Patty Melt<br>Buffalo Chicken Soup | 11th<br>Pork Chop Sandwich<br>Sweet Potato Fries<br>Vegetable Medley<br>Veggie Pizza Mushrooms<br>Grilled chicken Sandwich<br>Chicken Noodle Soup | 12h<br>Salmon Patty<br>Roasted Baby Bakers<br>Zing Lime Salad<br>Vegetable Lasagna<br>California Grilled Cheese<br>Vegetarian Chili                     |
| 15th<br>Smothered Chicken Breast<br>Roasted Sweet Potatoes<br>Southern Green Beans<br>Grilled Veggie Tower<br>Beef & Cheddar<br>Cream of Asparagus Soup | 16th<br>Italian Beef<br>Seasoned Curly Fries<br>Broccoli Salad<br>Spinach Stuffed Portobello<br>Mushroom<br>Grilled Chicken Sandwich<br>Chicken & Dumpling Soup  | 17 <sup>th</sup><br>Thai Butter Chicken<br>White Rice<br>Roasted Egg Plant<br>Cheese Ravioli<br>Chipotle Grilled Cheese<br>Tomato Bisque Soup                   | 18th<br>Assorted Pizzas<br>Breadstick with Marinara<br>Garden Salad<br>Margherita Pizza<br>Hot Ham & Swiss<br>Papa Armando's Soup                 | 19th<br>Shrimp or Chicken Skewers<br>Wild Rice<br>Roasted Vegetable Medley<br>Shells Florentine<br>Beef Hot Dogs<br>Sweet Pepper & Beef Soup            |
| 22nd<br>Herb Grilled Chicken<br>Garlic Mashed Potatoes<br>Brussel Sprouts<br>Cheese Ravioli w/Marinara<br>Hot Ham & Swiss<br>Smokey Poblano Soup        | 23rd<br>Shrimp Stuffed or Spinach Stuffed<br>Portabellas<br>Long Grain Rice<br>Steamed Broccoli<br>Veggie Portabella Pizza<br>Patty Melt<br>Kicking Kale Soup  | 24th<br>Turkey Panini<br>Italian Pasta Salad<br><mark>Fresh Fruit Medley</mark><br>Veggie Panini<br><mark>Chicken Strips</mark><br>Vegetable Beef Soup          | 25th<br>Sloppy Joes<br>Seasoned Curly Fries<br>Debora's Cole Slaw<br>Grilled Veggie Tower<br>California Grilled Cheese<br>Chicken & Rice Soup     | 26th<br>Orange Glazed Salmon<br>Half Baked Sweet Potato Asparagus<br>Pesto Tortellini w/ Broccoli &<br>Roasted Red Peppers<br>Bratwurst<br>Potato Soup  |
| 29th<br>Teriyaki Chicken Stir Fry<br>Brown Rice<br>Stir Fry Vegetables<br>Teriyaki Tofu Stir Fry<br>Grilled Chicken Sandwich<br>Broccoli Cheddar Soup   | 30 <sup>th</sup><br>Chicken or Shrimp Tacos w/Lime<br>Slaw<br>Spanish Rice<br>Black Beans<br>Fresh Guacamole or Salsa Verde<br>w/Tortilla Chips<br>Corn Dogs<br>Harvest Grain Portobello Soup              | 31 <sup>st</sup><br>Beef or <mark>Vegetable</mark> Lasagna<br>Garlic Bread<br><mark>Caesar Salad</mark><br>Grilled Sour Dough<br>Italian Wedding Soup           |   | *Healthier Items highlighted<br>in <mark>green.</mark><br>* Vegetarian option in<br><mark>Yellow</mark><br>* Grab & Go option in <mark>Aqua</mark>      |