




# September 2023 Lunch Menu

**Café Hours: M-F 6:30-AM – 3:00 PM**  
 Serving Hot Breakfast 6:30AM to 9:30 AM  
 Serving Hot Lunch: 11:00 AM to 1:30 PM

				<b>1st</b> Smothered Pork Chops w/Onion Gravy Grilled Zucchini Garlic Mashed Potatoes  Vegetarian Chili
<b>4<sup>th</sup></b>  Please Enjoy Room Service!	<b>5<sup>th</sup></b> Chicken Pot Pies Garden Salad Mushroom Stroganoff w/ Buttered Noodles  Kicking Kale Soup	<b>6<sup>th</sup></b> Chicken Or Beef Soft Tacos Seasoned Black Beans with Bell Pepper and corn Fresh Guacamole/Tortilla Chips Sanchez Rice  California Medley Soup	<b>7<sup>th</sup></b> Pineapple BBQ Meatballs Roasted Green beans Fried Rice Spinach Stuffed Portobello  Broccoli Cheddar Soup	<b>8<sup>th</sup></b> Shrimp Scampi Fresh Steamed Broccoli Long Grain Rice Grilled Vegetable Bake  Vegetable Beef Soup
<b>11<sup>th</sup></b> Pecan Crusted Pork Loin Parmesan Roasted Cauliflower Roasted Sweet Potatoes Shells Florentine  Spicy Thai Soup	<b>12<sup>th</sup></b> Meatball Subs Super Salad  Vegetable Lasagna  French Onion Soup	<b>13<sup>th</sup></b> Build a Potato & Sweet Potato Bar w/ Assorted Toppings  Tomato Basil Soup	<b>14<sup>th</sup></b> Chicken & Noodles Green Beans Mashed Potatoes Mushroom Stroganoff w/ Buttered Noodles  Cream of Asparagus Soup	<b>15<sup>th</sup></b> Mediterranean Salmon with Tzatziki sauce Wheat Berry White Bean Blend Greek-inspired Spring Mix Salad Vegetable Portobello Pizza  Tuscan Tortellini Soup
<b>18th</b> Spaghetti w/Meat Sauce Caesar Salad Garlic Bread Spaghetti w/Marinara Sauce  Kickin' Kale Soup	<b>19<sup>th</sup></b> Beef or Chicken Enchiladas Pico de Gallo Black Beans Mushroom Stroganoff  Chicken & Rice Soup	<b>20<sup>th</sup></b> Cheryl's Kielbasa w/ Fried Potatoes, Onion, and Bell Peppers Roasted Brussels Sprouts  Pasta Faggioli	<b>21<sup>st</sup></b> Oven Fried Chicken or Cod Southern Green Beans Mashed Potatoes w/ Gravy Cheese Ravioli with Marinara  Ruby's Corn Chowder	<b>22nd</b> BBQ Pork Chop Fried Cabbage Dinner Roll  Smokey Poblano Soup
<b>25<sup>th</sup></b> Beef or Chicken Taco Salad Seasoned Black Beans with Bell Pepper and corn Cilantro Rice Fresh Garden Salsa w/ Tortilla Chips  Split Pea Soup	<b>26<sup>th</sup></b> Italian Herb Chicken Asparagus Baby Bakers Grilled Vegetable Bake  Potato Soup	<b>27<sup>th</sup></b> Meatloaf Mashed Potatoes & Gravy Peas Shells Florentine  Chicken and Dumpling Soup	<b>28<sup>th</sup></b> Orange Glazed Salmon Asparagus Sweet Potato Half Pesto Tortellini/Broccoli & Roasted Red Peppers Cheeseburger Soup	<b>29<sup>th</sup></b> Beef & Broccoli Stir Fry Vegetable Egg Rolls Teriyaki Tofu Stir Fry  Spicy Thai Soup