

ULTRASOUND PELVIS FULL BLADDER INSTRUCTIONS

PLEASE NOTE:

Failure to follow the prep below may result in the need to reschedule your exam. Your bladder must be full to perform the exam.

- **One hour prior to exam time:**

Please drink 5-6 8 ounce glasses of water and/or other liquid (coffee, tea, juice).

Have it completed at least 40 minutes prior to your appointment time.

- **Do not empty your bladder until your test is finished.**

- **If you do not normally drink a lot of fluids, it is recommended that you increase your fluid intake the day prior to your exam.**

- **You may eat before your exam, as long as you are not scheduled for another test which requires fasting.**