

A Newsletter From The Kirby Foundation

A SEASON of GRATITUDE & GIVING

FALL/WINTER 2022



KIRBY THERAPY AND WELLNESS CENTER

Opening Spring 2023. See page 8 for more details.

Thankful for YOU!

There's no better way to celebrate this holiday season than by sharing our gratitude for your generosity and loyalty. We are thankful for your contributions, but more importantly, we are thankful for your friendship.

As leaders of The Kirby Foundation, we are honored to carry out the Kirby family legacy in making an impact in the lives of our patients and those providing compassionate care locally. Now more than ever, we need to come together to make a positive and meaningful impact in the communities we serve and invite you to join us.

Throughout this newsletter, we feature many stories about philanthropy and the impact you help create, and please know how grateful we are for your support. We could not be more proud of all the people who help The Foundation make Kirby the best it can be.

With gratitude,

Luke M. Feeney,
Board Chair

John R. Frerichs
Bill Haworth

Tony Kirkman

Kathy Plunk

Sarah Ross,
Director of Development

Laurie Rumery,
Auxiliary Representative

Veronica Seevers,
Vice Chair

Steve Tenhouse,
Secretary

Jay Timmons

Mo Tracy

Ken Wright

Rory W. Wright,
Treasurer

**Your gifts continue to make
an impact, and we are grateful
for your contribution.**

WE HOPE YOU'LL JOIN US IN DONATING.

**With your support, we can
continue to address changing
healthcare needs and find
solutions to emerging ones.**



Russ and Kathy Proch pictured with Tatum Auth. Tatum is a 2021 KMC Healthcare Scholar studying at Illinois State University to become a registered nurse. She is a Bement High School graduate and daughter of Ted and Sarah Auth of Mahomet.

Creating a Legacy for a Bright Future

In 2020, Kirby Medical Center and The Kirby Foundation launched a scholarship program to invest in future generations of healthcare professionals. This scholarship incentivizes local students to pursue a healthcare career by supporting the full cost of tuition and removing any cost barriers. For every \$25,000 paid toward the student's education, there is a two-year service commitment to Kirby.

Russ and Kathy Proch of Monticello are creating access and opportunity with a generous annual contribution to the KMC Healthcare Scholarship Program. The Russ and Kathy Proch Nursing Scholarship will support students admitted into a Bachelor of Science in Nursing program, with a preference given to students residing in Piatt County. Kathy credits their contribution to those that invested in her nursing education, along with her lifelong commitment to giving back to those wanting to pursue a healthcare career. Their generous support is making education possible for those who may not be able to pursue a medical education otherwise and is playing a vital role in ensuring that Kirby can provide the best healthcare possible in Piatt County.

“Russ and Kathy are true champions for making a difference and inspiring future generations of nursing students. The Foundation is grateful for their generous commitment that will ultimately make a tremendous impact on healthcare in Piatt County, ”

said Sarah Ross, Director of Development.

Did You Know?

Here are just a few examples of how donations to our Greatest Needs Fund are making improvements for the patients we serve.

BLADDER SCANNER



A bladder scanner is a vital piece of equipment that allows nurses to perform a quick, painless, noninvasive scan of a patient's bladder. This tool helps nurses prevent patient infection and avoid unnecessary patient procedures.

"Having this new bladder scanner means physicians and nurses have the tools needed to make the right decision for quality patient outcomes," says Leslie Sheets, Director of Nursing.

VEIN VIEWER



This Vein Viewer allows staff members to identify veins, making needle sticks less stressful for our patients.

Be part of the impact by giving today. Simply complete the attached donation form or visit kirbyfoundation.org.



MEET THE BOARD
Bill Haworth

Who is your hero/role model?
Steve Jobs – because he was so innovative.

What was the first concert you ever attended?
The Beatles in St. Louis, August 8, 1966.



MEET THE BOARD
Jay Timmons

What is one food you couldn't live without?
Popcorn. Our dog Attie and I like to share a bowl.

What is your favorite way to stay active?
I like to work out at Orangetheory. They have great coaches!



MEET THE BOARD
Luke Feeney

What was the first concert you ever attended?
Farm Aid, Memorial Stadium, 1986 (I think).

What is your favorite way to stay active?
Brazilian Jiu Jitsu.

Auxiliary Stretcher Gift

Each year, the Kirby Auxiliary donates a portion of the proceeds from their gift shop sales and other fundraising events to The Kirby Foundation. At their annual meeting on July 11, they presented a \$25,000 donation to support the purchase of a new stretcher in the Surgery Department, a reclining phlebotomy chair for the Kirby Medical Center Laboratory and the new Therapy Garden, which will be located outside of the new Therapy and Wellness Center.

As demand for our Surgery Department continues to grow, an additional stretcher will allow for more flexibility in prepping our patients for procedures, creating opportunities for the number of surgeries to increase daily.



Reach Out and Read Program

Created Through Philanthropic Support



Dr. Lauren Fore, Kirby Medical Group

“I was delighted to receive a book at my son’s one-year-old well-child visit. The book is a perfect compact size to keep in his diaper bag anytime we need a quick activity while out and about. He loves to point at the pictures and turn the pages himself. Thank you!”

– **Emily McClellan** of White Heath

Thanks to the generous support of The Kirby Foundation and the leadership of Dr. Lauren Fore, a family physician at Kirby Medical Group, Kirby Medical Group now offers free age-appropriate books during children’s well visits as part of the Reach Out and Read program.

Reach Out and Read promotes healthy brain development by furthering language acquisition and helping families build meaningful bonds.

Since the beginning of the program in late June, nearly 133 books have been shared with young patients and their families.

“We are so thankful that Dr. Fore spearheaded bringing the Reach Out and Read program to Kirby Medical Group. It has been said that reading aloud to children gives them what they need to learn to read all by themselves. With this program, our providers will be able to encourage that from a very young age.”

– **Ryan Hastings, BSN, BA, RN**
Assistant Clinic Director

Kirby Medical Group | Monticello • Atwood • Cerro Gordo

To learn more about the Reach Out and Read Program, visit reachoutandread.org.



Expansion of Wellness Trail Thanks to Generous Gift

Skagenberg Estate Gift Provides Funding

Thanks to a generous estate gift from a local Monticello couple, an extension to the Kirby Wellness Trail is complete. Dick and Ann Skagenberg, former long-time Monticello residents, supported Kirby Medical Center in numerous philanthropic ways throughout their lifetime.

After Ann and Dick's passing in 2019, The Kirby Foundation learned of their estate gift.

“We believe that using this gift to fund the expansion of the Wellness Trail is a fitting tribute to the Skagenberg's legacy – and showcases their commitment to the hospital's mission and communities we serve,”

said Luke Feeney, Chair of The Kirby Foundation Board.

Since its initial construction in 2015, the Kirby Wellness Trail has provided a space for outdoor recreation and has encouraged movement and exercise, upholding Kirby's dedication towards a healthy lifestyle. Community members of all ages and walks of life have been able to take advantage of what the trail offers.

The extension of the current Wellness Trail loops around the Villas of Hollybrook and the new Therapy and Wellness Center. It connects to the original Wellness Trail, located on the north side of Medical Center Drive. This extension added six-tenths of a mile and is 10 feet wide to accommodate the amount of activity it will see.

“I think that Dick and Ann would take great pride in knowing that Kirby Medical Center is working to expand and enhance wellness opportunities in our community thanks to their generous support. As some of the first residents of the Villas of Hollybrook, it is very fitting that this new trail surrounds a portion of where they spent most of their time,” said Sarah Ross, Director of The Kirby Foundation. “Their generous donation to our Wellness Trail is shaping the future of our campus and the healthcare we provide.”



MEET THE BOARD

Tony Kirkman

What is one food you couldn't live without?

With a native South Korean parent, this one is easy. That would be kimchi. It's the staple of our culture and cuisine, and it's served with just about everything. While my family is not a huge fan of it, more times than not, you can find a small jar in our fridge.

What is your favorite way to stay active?

I try to run three times a week and get at least a good 18 miles on the bike once a week.



MEET THE BOARD

Laurie Rumery

What is one food you couldn't live without?

The world would be a pretty dull place without dark chocolate and Heath Bar Blizzards (the food of the gods, I believe). Could I live without them? I guess so, but I wouldn't be happy.

What does it mean to you to make a difference in the world?

“Be the change you wish to see in the world.” I think that pretty much sums it up for me. I want to represent, as much as possible, what I hope to see in the world around me, and hopefully, that will inspire others to do the same.

WELCOMING New Board Members

The Kirby Foundation is pleased to welcome two new members to its Board of Directors: Ken Wright and Mo Tracy, both of Monticello.

Wright is President, CEO and Trust Officer at the State Bank of Bement, where he has worked for the last 40 years. Besides four years at the University of Illinois and a year in Iroquois County, he is a lifelong resident of Piatt County, having lived in both the Bement and Cisco areas. He and his wife, Deanne, currently live in Bement and have three children and five wonderful grandchildren.

Wright says,

“ I am honored to be a member of the Kirby Foundation Board. I can remember being in the original hospital for various reasons when I was young, and I am amazed and keenly appreciative of the improvements that have been made in both facilities and the excellent care provided for our community. I am dedicated to continuing the hard work of past and present Foundation Board Members to help our Foundation meet the growing needs of Kirby Medical Center and the community it serves. ”

Tracy currently lives in Monticello and serves as the Vice President of Corporate and Change Communications for Varian Medical Systems. She has nearly 20 years of experience in healthcare policy and advocacy. She and her husband, Ryan, have two daughters.

“ I am honored to join the dedicated group of individuals that make up the Kirby Foundation Board. Together, I know we will find new ways to give back – not only to the patients of Piatt County but also to the front-line healthcare workers who have gone above and beyond over these last few years. ”

THE KIRBY FOUNDATIONSM



MEET THE BOARD
Ken Wright

Who is your hero/role model?

My parents and grandparents. The values they instilled in me, which were guided by their living through the Great Depression, still guide me today.

What is one food you couldn't live without?

A good steak. Medium rare.



MEET THE BOARD
Mo Tracy

What is one food you couldn't live without?

Dark Chocolate Sea Salt Caramels from ALDI.

What is your favorite way to give back to the community?

I love mentoring young women who have an interest in public policy and sharing my experience in hopes that it will inspire them to pursue a career in the field.

Outgoing Board Members



David Brown



Brandon Hissong

We are grateful for the many ways Brandon Hissong and David Brown, both of Monticello, have helped make a positive impact in our communities during their six years of service on The Foundation Board.

KIRBYHealthcare Scholarship

2022 KMC Healthcare Scholars

Awarded annually, this scholarship program helps students pursue higher education, while also supporting local healthcare. This year, we are proud to award the following with the 2022 scholarship:



Abbey Gillespie:

Abbey is a 2022 Monticello High School graduate. She's attending Parkland College in Champaign and pursuing a registered nursing degree.



Staci Walker:

Staci is a Medical Lab Tech student at Kankakee Community College and moved to Monticello this summer.



Diamond Wright:

Diamond is from Chicago and is pursuing her registered nursing degree at Parkland College in Champaign.



MEET THE BOARD
Veronica Seevers

**Who is your hero/
role model?**

My mom – she has dealt with a lot of obstacles and struggles in her life, and she is still always smiling and upbeat. Through her, I know I can handle anything the world throws at me.

**What is your favorite way
to stay active?**

Walking and chasing around my almost 2-year-old granddaughter.



MEET THE BOARD
Rory Wright

**Who is your hero/
role model?**

Kobe Bryant.

**What was the first concert
you ever attended?**

Kenny Chesney.



MEET THE BOARD
Kathy Plunk

**Three ways Kirby
makes a difference in
our community:**

Kirby provides quality and convenient healthcare, supports local fundraisers and charities and has been instrumental in providing medical assistance during the pandemic.

Top two favorite movies:

Planes, Trains and Automobiles and Overboard.

**What food can you not
live without?**

Burger King Whopper®.

New Therapy & Wellness Center

Opening in Spring 2023

20,000
SQUARE FEET

The new 20,000-square-foot building will house all of our therapy and wellness services, including Physical Therapy, Occupational Therapy, Speech Therapy, Cardiac Rehab, Medical Fitness, SAIL, Dietetics and Wellness, as well as our KMC Active Gym, all in one location.

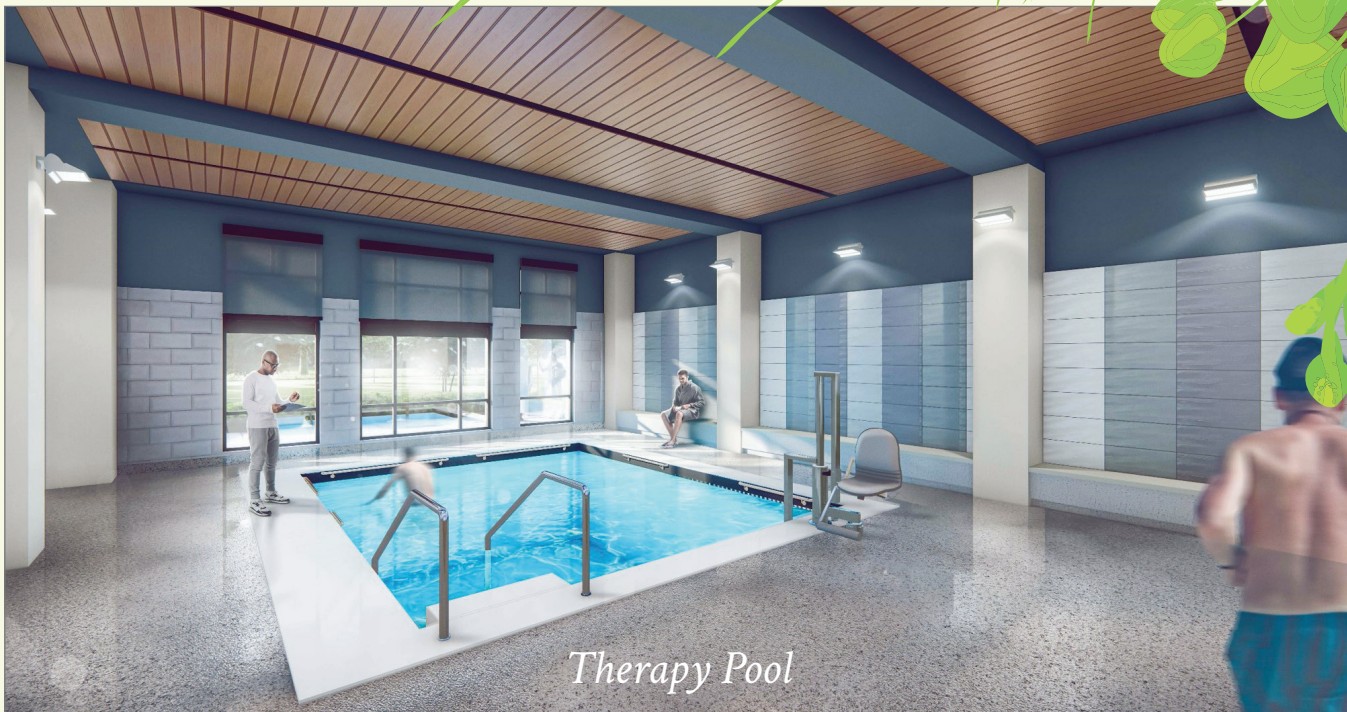
16' X 20'
THERAPY POOL

Will feature a 16' x 20' aquatic therapy pool offering opportunities for one-on-one aquatic therapy and aquatic exercise.

19,000
SQUARE-FOOT BASEMENT

The building includes a 19,000-square-foot basement that will be utilized for future hospital needs as we continue to grow within our community.

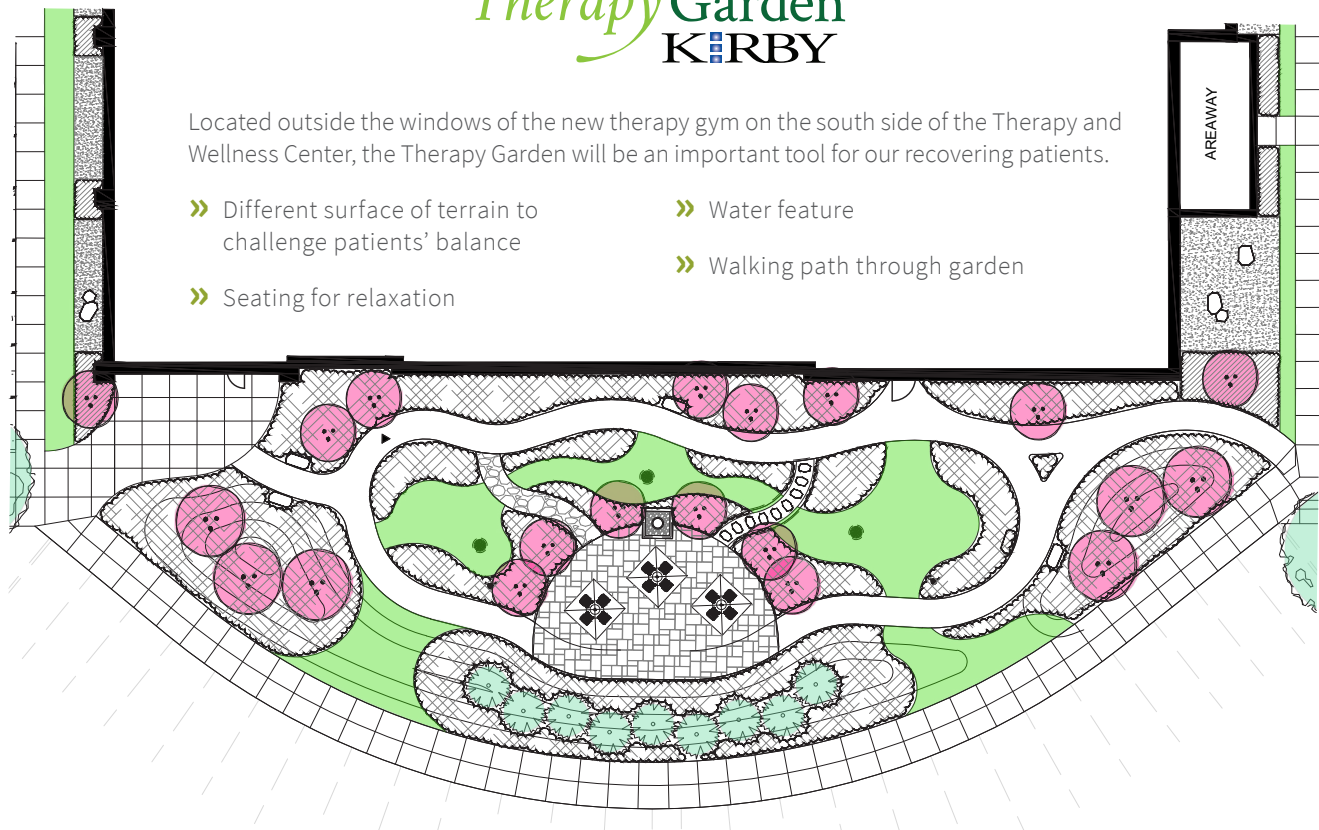




Therapy Garden KIRBY

Located outside the windows of the new therapy gym on the south side of the Therapy and Wellness Center, the Therapy Garden will be an important tool for our recovering patients.

- » Different surface of terrain to challenge patients' balance
- » Seating for relaxation
- » Water feature
- » Walking path through garden



Grateful for the Sponsors Who Make the Kirby Derby Possible



Kirby employees participating in this year's St. Jude Runs and accepting the funds from The Kirby Foundation: (L-R) Mel Fonner; Shannon Neighbors; Mary Alexander; Heidi Apperson; Sarah Ross, Director of Development for The Kirby Foundation; and Sarah Budden.

Thanks to the generosity of this year's Kirby Derby participants, The Kirby Foundation was honored to present St. Jude Runs with a \$360.00 donation, honoring Natalie McDowell's memory.

We're incredibly grateful to the 38 Kirby Derby participants for their generosity and helping us recognize Natalie McDowell's commitment to supporting Kirby and the Monticello to Peoria St. Jude Runs.



What is one food you couldn't live without?

Chocolate chip cookies.

What was the first concert you ever attended?

Alabama at the Illinois State Fair, circa 1984.

What is your favorite way to stay active?

Walking – preferably around the Wellness Trail.



What is one food you couldn't live without?

Coconut cream pie!

What does it mean to you to make a difference in the world?

I think a culmination of small things, by all of us, makes a huge difference.

Thank You, Monticello High School Pep Club

The Monticello High School Pep Club has done it again! Throughout the month of October, they raised \$2,252.00 in support of Paint Piatt Pink. We are very thankful for their continued generosity to this important cause.



MEET THE BOARD
John R. Frerichs

Who is your hero/role model?

My parents will always be my heroes! Regarding role models, I am constantly listening to motivational speakers such as Les Brown, Simon Sinek, Eric Thomas, Elon Musk and David Goggins. To me, understanding and learning from their work ethics and perspectives provides a collective role model in my daily life.

What is your favorite way to stay active?

My wife and I purchased a rower for our home gym about a year ago, and we've enjoyed the convenience of having that for a quick workout. Also, getting outside to play golf, mowing the yard and just trying to keep up with my kids are all great ways to stay active!

Local Businesses Generously Support Raffle

The Kirby Foundation was excited to partner with two local business owners for this year's Paint Piatt Pink raffle.

Caitlin Hicks, Private Jeweler and Design, donated a vintage-inspired, 14k white gold, pink morganite ring (\$2,500 value). Jennifer Lieb of Lively Aesthetics donated Botox®, filler and a skincare basket (\$2,000 value).

There was over \$8,100 in sales, and 941 tickets were sold. Proceeds will support the purchase of a blanket warmer for cancer patients undergoing treatment.

We're incredibly grateful for the generosity of these two amazing women. Our sincere thanks to Caitlin and Jennifer for making a difference in the lives of those impacted by breast cancer and helping us Paint Piatt Pink!



L-R: Sarah Ross, Director of Development; Jaime West, Imaging Director; Sara Wells, Kirby Medical Group Clinic Director; Olivia Rardin, Imaging Clerk; Jennifer Lieb, Lively Aesthetics; Caitlin Hicks, Private Jeweler and Design; Karen Howard, Social Media and Events Manager; and Heidi Apperson, Director of Marketing and Community Relations.



Caitlin Hicks Design
Private Jeweler & Design



1000 Medical Center Drive
Monticello, IL 61856

KIRBYSM Quick
Care

EXPANDED

Saturday Hours



Monday-Friday 7:00 AM - 7:00 PM

Saturday 8:00 AM - **4:30 PM**

We're so grateful for our
KMC Active members
and the difference they're
making in our communities!

Thank you, KMC Active!

On July 1, KMC Active hosted a fundraising campaign to support the purchase of Concept 2 BikeErgs for their future space in the Therapy and Wellness Center. Over 40 members offered their support by donating over \$4,200.00.

