



December 2025 Lunch Menu

Café Hours: M-F 6:30-AM – 3:00 PM

Serving Hot Breakfast 6:30AM to 9:30 AM

Serving Hot Lunch: 11:00 AM to 1:30 PM

1st Pulled BBQ Pork Sandwich Coleslaw Super Salad Baked Beans Creamy Tortellini with Broccoli & Roasted Red Peppers (V) Chicken and Gnocchi Soup	2nd Italian Beef Sandwich Roasted Cauliflower Macaroni Salad Assorted Chips Mushroom Stroganoff with Buttered Noodles (V) Tomato Basil Soup	3rd Creamy Tuscan Shrimp or Chicken Caesar Salad Fettuccini Noodles Vegetarian Chili (V)	4th Orange glazed Salmon Asparagus Rice Pilaf Vegetable Beef Soup	5th Meatloaf Green Beans Mashed Potatoes with Gravy Chicken Tortilla Soup
8th Smothered Pork Chop Skillet Cabbage Garlic Mashed Potatoes Shells Florentine California Medley Soup	9th Potato & Sweet Potato Bar with Assorted Toppings Chicken and Rice Soup	10th Herb Grilled Cod Roasted Carrots Scalloped potatoes Smokey Poblano	11th Chicken Pot Pie Casserole Garden Salad Grilled Veggie Bake (V) Cheeseburger Soup	12th Orange Chicken Broccoli Fried Rice Vegetable Egg Rolls French Onion
15th Honey Lime Chicken Breast Roasted Parmesan Cauliflower Roasted Sweet Potatoes Stuffed Portobello Mushrooms Mushroom Brie Bisque	16th Beef or Vegetable Lasagna Garden Salad or Broccoli Garlic Breadstick Chicken and Gnocchi Soup	17th Rustic Salmon Roasted Brussels Sprouts with Balsamic and Bacon Garlic Mashed Potatoes Tomato Basil Soup (V)	18th Chicken or Beef Enchilada Bake Spanish style Zucchini Spanish Rice Black Beans Pico de Gallo Pasta Faggioli Soup (V)	19th Chicken and noodles Green Beans Garlic Mashed Potatoes Creamy Tortellini with broccoli and roasted red peppers Potato Soup
22nd Spaghetti with meat sauce Garden Salad Broccoli Garlic Bread Spaghetti with Marinara Cream of Asparagus	23rd Chicken with Herbed Mushroom Sauce Broccoli Baby Bakers Broccoli Cheddar Soup	24th Café Closes at 12 Build your own sandwich Bar Assorted breads, meats, cheeses, and toppings Broccoli Salad Potato Salad Chips French Onion Soup (V)	25th  Please Enjoy Room Service!	26th  Please Enjoy Room Service!
29th Bourbon Grilled Salmon Fresh Vegetable Medley Rice Pilaf Stuffed Pepper Beef Soup	30th Assorted Pizza (Cheese, Pepperoni, Spinach Feta, Chicken Bacon Ranch, Supreme, all meat) Garden Salad Bosco Stick with Marinara Chicken Noodle Soup	31st Café Closes at 12 KMC Bowls - Mashed potatoes, breaded chicken, corn, cheese, gravy Apple and Kale Salad Pasta Faggioli	At least 4 out of 5 lunch meals we serve during the week follow the plate method, which encourages a balanced plate: half filled with non-starchy vegetables, one-quarter with lean protein, and one-quarter with healthy carbohydrate. The Apple a Day café only uses lean cooking techniques such as baking, broiling, boiling, grilling, roasting, and air frying to prepare our meals. Menu approved by RD. Milk available	

