



# February 2023 Lunch Menu

**Café Hours: M-F 6:30-AM – 3:00 PM**  
 Serving Hot Breakfast 6:30AM to 9:30 AM  
 Serving Hot Lunch: 11 AM to 1:30 PM

\*Healthier Items highlighted in **green**.  
 \* Vegetarian option in **Yellow**  
 \* From the Grill **Aqua**

		1st	2nd	3rd
		Cabbage Rolls Zing Lime Salad Zucchini & Cheddar Muffins Cheese Ravioli w/ Marinara Patty Melt Italian Wedding Soup	Chicken & Noodles Green Beans Mashed Potatoes Mushroom Stroganoff w/ Buttered Noodles Hot Ham & Swiss Sandwich Potato Soup	Grilled Rustic Salmon Roasted Brussel Sprouts Herb Couscous Grilled Polenta w/Spinach & Tomatoes BLT Sandwich Cheeseburger Soup Potato Soup
6th Smothered Pork Chops with Onion Gravy Grilled Yellow Squash Potato Medley Grilled Vegetable Tower Tuna Melt French Onion Soup	7th Pork Street Tacos w/ Apple & Pineapple Pico De Gallo Fiesta Black Beans Cactus Grits Veggie Burgers Broccoli & Cheddar Soup	8th Beef Tips & Mushrooms Roasted Carrots Garlic Mashed Potatoes Eggplant Parmesan Beef & Cheddar Sandwich Clam Chowder	9th Build a Potato & Sweet Potato Bar w/ Assorted Toppings  Chipotle Grilled Cheese Tomato Basil Soup	10th Honey Mustard Cod Roasted Cauliflower Roasted Sweet Potatoes Spinach Stuffed Portobello Chicken Tenders Smokey Poblano Soup
13th Sloppy Joes Fumi Fumi Salad Seasoned Steak Fries Spinach Stuffed Portobello Hot Ham & Swiss Sandwich Buffalo Chicken Soup	14th Beef, Chicken, or Veggie Fajitas Fiesta Black Beans Sanchez Rice Patty Melt Sandwich Split Pea Soup 	15th Meatloaf Green Beans Mashed Potatoes & Gravy Vegetable Lasagna Bratwursts Spicy Thai Soup	16th Shrimp or Chicken Alfredo Steamed Broccoli Fettuccini Noodles Garlic Toast California Grilled Cheese Chicken & Rice Soup	17th Orange Glazed Salmon Grilled Zucchini Rice Pilaf Pesto Tortellini w/ Broccoli & Roasted Red Peppers Corn Dogs Vegetable Beef Soup
20th Oven Fried Chicken Southern Green Beans Mashed Potatoes w/ Gravy Pesto Tortellini w/ Broccoli & Roasted Red Peppers BLT Sandwich Cream of Asparagus Soup	21st Chicken or Beef Soft Tacos Fiesta Black Beans Fresh Guacamole w/ Tortilla Chips Sanchez Rice Beef & Cheddar Sandwich California Medley Soup 	22nd Roasted Honey Ham Green Bean Casserole Roasted Root Veggies Cheese Ravioli w/ Marinara Grilled Chicken Sandwich Butternut Squash Soup	23rd Spaghetti w/Meat Sauce Caesar Salad Garlic Bread Spaghetti w/Mariana Sauce Grilled Turkey & Cheddar Sandwich Vegetarian Chili	24th Cajun Cod Roasted Carrots Cornbread Casserole Grilled Veggie Bake Grilled Chipotle Sandwich Chicken Noodle Soup
27th Smothered Chicken Fresh Veg Medley Half Sweet Potato Cheese Ravioli w/ Marinara Hot Ham & Swiss Sandwich Sweet Pepper & Beef Soup	28th Chicken or Shrimp Tacos w/Lime Slaw Fiesta Black Beans Sanchez Rice Fresh Guacamole w/Tortilla Chips Corn Dogs Harvest Grain Portobello Soup			