

Training Program

The FREE training program will run 6 sessions from April 3 to May 8 and is held on Tuesday evenings at 5:30pm. Runners and walkers who wish to train for the Kirby Derby are encouraged to meet at Kirby Medical Center every Tuesday until race day. The program takes place on Kirby's Wellness Trail. Participants train with designated leaders who help motivate and answer any running- or walking-related questions.

For more information, visit KirbyDerby.org.

Triple Crown



The Kirby Derby is the second leg of the Triple Crown, a series of three races held in Monticello each year. The Allerton Races and The Allerton Park Trail Run make up the remaining two legs of the Triple Crown. Those runners/walkers who complete all three races will be rewarded with a special prize!

Triple Crown Sponsored by:

**KELLY'S
ACCOUNTING SERVICE**

Get Involved

Interested in volunteering?

Kirby Derby would not be possible without generous community members who volunteer their time and effort. Visit KirbyDerby.org to register as a volunteer or email happerson@kirbyhealth.org. All volunteers receive a free Kirby Derby volunteer shirt.

Interested in becoming a sponsor?

There are a variety of sponsorship opportunities for individuals and small businesses. If you are interested in becoming a sponsor, email happerson@kirbyhealth.org or call (217) 762-1513.

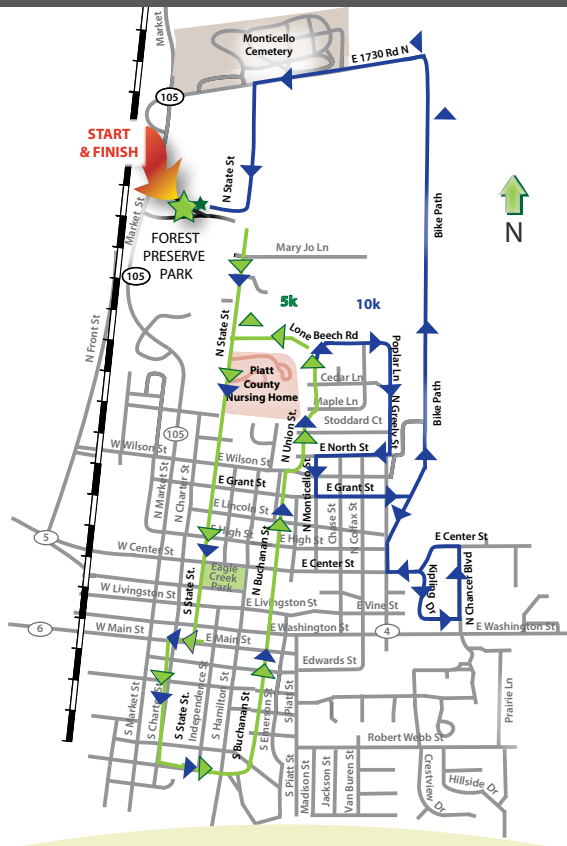
How to Register

REGISTER ONLINE AT KIRBYDERBY.ORG

Or, return the attached form to the address below. Make checks payable to *The Kirby Foundation* and include with your completed registration form.

The Kirby Foundation
Attn: Kirby Derby
1000 Medical Center Drive
Monticello, IL 61856

KMC Kirby Derby 2018 Race Route



The deadline to register online is Thursday, May 10, 2018. Same-day registration will be available from 6:30 - 7:35am.

KIRBYMEDICAL
CENTER



Saturday, May 12, 2018
Monticello, IL



Kirby Derby 11th Annual Race

10K Run
5K Run/Walk
FREE Kids' Race

REGISTRATION FORM INSIDE

Participant Registration Form

FIRST NAME MIDDLE INITIAL LAST NAME

ADDRESS

CITY STATE ZIP

PHONE

EMAIL

BIRTHDATE AGE ON RACE DAY MALE
 FEMALE

MEN'S/UNISEX SHIRT SIZE S M L XL XXL

WOMEN'S SHIRT SIZE S M L XL XXL

YOUTH SHIRT SIZE S M L XL

KIDS' RACE SHIRT SIZE S M L XL

(Note: additional fee of \$3 for XXL)

RACE 10K RUN 5K RUN/WALK KIDS' RACE

WAIVER

I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Kirby Medical Center, the City of Monticello, the park district, and all other sponsors, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

SIGNATURE

SIGNATURE

(Parent or guardian if participant is under 18 years old)



The Kirby Derby is a family friendly 5K Run/Walk and 10K Run, plus a FREE Kids' Race. The 5K and 10K races will take place in Forest Preserve Park on **Saturday May 12, 2018, at 8:00am**, with the Kids' Race to follow.

Proceeds benefit ongoing maintenance and future expansion of the Kirby Wellness Trail.

Race Information

- Entry fee per participant:
 - ▷ \$25, early bird pricing until April 3
 - ▷ \$30, April 4 – May 10
 - ▷ \$35, May 11 – race day
- Packet pickup is **Friday, May 11** at the Monticello Community Building from 4:00 – 6:30pm.
- Race day parking will be available at First Christian Church and Piatt County Nursing Home's service drive on North State Street.
- Pets will not be permitted to participate.
- Bag check will not be available.
- Strollers will be permitted in the 5K and 10K events but must start with the walkers for safety purposes.
- Participants registered by **May 1** will be guaranteed an event T-shirt. Event T-shirts may be available for participants registering after **May 1**; however, supplies will be limited.
- Chip-timing mats will be positioned at both the start and finish lines. All 5K and 10K participants will be chip timed.

Prizes & Awards

- All participants will receive a finisher's medal.
- The 5K Award Ceremony will begin at approximately 9:00am with the 10K awards to follow.
- Prizes will be presented to the overall male and female first place participants in the 5K and 10K events. Awards will be presented to first through third place male and female participants in each age group for both the 5K and 10K events.
- Awards in the 5K Run/Walk will be grouped by race day age and gender in the following categories: 10 and under; 11-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 and older.
- Awards in the 10K Run will be grouped by race day age and gender in the following categories: 14 and under; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70 and older.

Kids' Race

The Kids' Race will be held in Forest Preserve Park at approximately 10:00am, following the 5K/10K Award Ceremony.

- Kids ages 10 and under who register for the Kids' Race by **May 1** are guaranteed an event T-shirt. Event T-shirts may be available to kids that register after **May 1**; however, supplies will be limited.
- The length of the Kids' Race is approximately one-quarter of a mile.
- There will be heats determined by age group.
- Medals will be awarded to all Kids' Race participants.

Family/Corporate Teams

The Kirby Derby offers a Family/Corporate team rate. For more information, visit KirbyDerby.org.

*Family/Corporate registration deadline is **May 1**.*

